



# High Meadows "Hummer"

Roaring Gap, NC

January 2020

## A Word From The President

Dear Members,

As I write my January Hummer article 2019 is winding down, today is December 27, so I'd like to wish you all a very Happy & Healthy New year!

We've accomplished quite a bit in 2019:

- ✧ Our new deck, provides our membership with a more comfortable area to enjoy foods & cocktails as well as the terrific view!
- ✧ We painted & restored the outside of our Clubhouse.
- ✧ Angela introduced draft beer on tap to our lounge in addition to her famous cocktails.
- ✧ Our Bunker & tee box renovation is complete, the course looks terrific!
- ✧ We planned and now are beginning to execute an aggressive marketing campaign to draw attention to all or our Club.
- ✧ Thanks to Roger & Teresa Braswell our front entrance is much improved with beautiful plantings.
- ✧ Game nights, trivia nights, bingo nights, special dining evenings are being planned for 2020. Our Wine society

(See *President* continued on page 2)

## General Managers Message

On behalf of all of your staff here at High Meadows, we wish you and your families a very happy and prosperous 2020 New Year!

Speaking of New Year, we had an excellent New Years Eve party on Wednesday, December 31<sup>st</sup>. 123 attendees celebrated the evening with excellent food from Chef Tony and his team, while enjoying outstanding music by The Troupers band. Our Holiday Party was held on December 14<sup>th</sup>, featuring an Ugly Sweater contest. Congratulations to Debbi Shelburne - Ladies Ugly sweater winner and Gene Kent was the winner for men. Thanks also to the Social Committee for all of their hard work decorating the clubhouse for the holiday season, both Christmas and New Years!

Our Social Committee has put together an excellent schedule of events for the upcoming year. Our first event for 2020 will be the Chili Cook-off on Sunday, January 26<sup>th</sup>, starting at 4:00 pm. Come join us to see the member who is the Club's "Chili Champion." This promises to be a fun event you definitely will not want to miss with more details to follow.

High Meadows is featured in the winter edition of the Carolinas Golf Magazine. The article is on page 40 of the magazine, & can also be viewed on-line at [carolinasmgolf.org](http://carolinasmgolf.org).

Please contact Donna with any updates regarding address changes, phone numbers, or e-mails so she can update your information in the 2020 Member Directory. New directories will be available mid-late March.

See you around The Club!

Mike West

General Manager

## Welcome New Members

Michaux & Michelle Crocker  
Golf Members, Roaring Gap, NC

Lynn & Daphne Lomax  
Social Members, High Point, NC

Keith & Malinda Sink  
Golf Members, Raleigh, NC  
& Lakeview, Drive

2020 HAPPY  
NEW  
YEAR

**President** (Continued from page 1)

is doing very well, if you're not a member speak to Angela. Wine society members receive discounts on bottles of wine, corkage charge, wine dinners as well as free tasting each month.

- ✂ Thanks to our generous members James & Joanne Foreman as well as Mike Wood Landscaping design we have redesigned the landscaping directly in front of our Clubhouse, work on that will continue in the Spring.
- ✂ The new tennis & pickle ball courts should be ready in the Spring. Thank you to the Living Tree committee and all those that have contributed!

Now that we are updating and improving our Club facilities we need your help to sustain the quality experience that our Club offers. Please bring your off mountain friends to our Club, show them around and actively solicit memberships! Ricky Brown, our membership chair, along with Global Golf Advisors are planning some exciting programs that will expose our Club and hopefully result in increased membership but **every member of our Club should consider themselves a member of the Membership committee, let's all work to bring new members into our Club!**

Regards & Happy New Year!  
Rich Kaplan  
President

**FOR THE GOOD OF THE CLUB!**

***New Year's Resolution - Wikipedia*** - A *New Year's resolution* is a tradition, most common in the Western Hemisphere but also found in the Eastern Hemisphere, in which a person resolves to change an undesired trait or behavior, to accomplish a personal goal or otherwise improve their life.

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***Instead of Big New Year's Resolutions, Make Smaller New Year's Goals***

It's that time of the year where all of us start to think about how we're going to improve our lives in the following year. Maybe we're going to start running or spend time more time with friends or family. Whatever your hopes and dreams are for 2020, you're likely to be a lot more successful at them if you frame them as smaller goals.

While the term "resolution" just means making a decision to do something or not do something, in most cases when people talk about resolutions they're talking about a big-picture item, not something reasonably achievable. That means they're likely to fail.

For instance, if you've never been to a gym, you're not going to suddenly start going every day just because it's 2020. Instead of going for that lofty goal of "Lose 20 pounds," instead break that goal down into small achievable goals that you can hit throughout the year.

In the case of weight loss maybe that means going for a walk on your lunch break a few times a week and cooking a healthy meal at home you can eat rather than the fast-food dinner you typically pick up.

The idea here isn't to not make that weight loss goal, it's to instead break it down into smaller parts that you can easily track and accomplish and frame it as achievements rather than changes to your lifestyle.

Oftentimes, we make resolutions that are designed to fundamentally change who we are as a person. While a change might be great, you're probably not going to change a big part of yourself overnight. If you instead break that change down into smaller achievable parts, then you stand a much better chance of success.

Going too hard to fast almost always ends in failure. A good rule of thumb is to start out with just a few small changes. Once you've got those built into your routine, you can start adding a few more. After a while, you will have made that big change you were after, but in a much more achievable way.

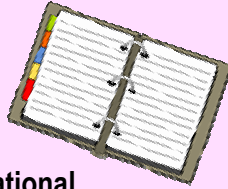
Copied from lifehacker.com written by Emily Price.

## Reservations Please!

We would like to ask for your help with reservations, please. It would be a tremendous help to Angela if you make your reservations as early as possible. This allows Angela to properly schedule the wait staff based on the number of reservations on the book. Last minute reservations often make it difficult for her to find someone able to work.

## Ladies News & Notes

As you start to fill out those new 2020 planners, be sure to add these dates!



- ✂ **June 15, 2020 – HMLGA Invitational**
- ✂ **July 8-9, 2020 – Ladies Member-Guest**

We're still looking for someone to chair the LGA Social Committee in 2020. If you have a passion for exploring and sharing the many things to do and see in our area, please give me a call!

Here's to a great 2020!  
Sue Talley, LGA President

## Wine Society

Join our exclusive club now to begin enjoying the benefits of being a "Wine Society" member. This is a great way to try new wines as well as having the option to purchase them at exclusive special pricing.

**PLEASE CALL THE OFFICE  
TO SIGN-UP.**

- \* Annual cost - \$100 per membership (Billed annually on your May statement)
- \* Purchase market wine at 10% above cost.
- \* 15% Discount on all wine dinner checks.
- \* 10% Discount on all in-house bottles of wine in the dining room.
- \* Special exclusive wine-themed events throughout the year.
- \* \$10 Corkage fee for Wine Society members, \$15 for non-Wine Society members.



## Save the Date!



### January 26, 2020

### For our 3<sup>rd</sup> Annual Chili Cook-off!



## Driveway Snow Removal

As we enter into the winter season and visions of snowflakes falling from the sky enter our minds, we wanted to share with you our recommendations on who to call to assist you with your driveway & sidewalk snow removal needs!



**Kenneth Miles - 336-200-1377**  
**Johnny Simons - 336-657-1052**



## Stay Safe!

## Out & About - Local Happenings

### ALLEGHANY COUNTY

**Studio Redwood - Upcoming Classes - Chris Davis 336-372-5294 or redwood@skybest.com.**  
MUST Pre-register - cutoff is 2 weeks prior to the class.


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**Jan 9, 6:00 p.m. - 8:00 p.m. - Create a Simple hand-Crafted Journal. For jotting down your thoughts or to give as a gift! Design, Painting and Collage! All supplies furnished - \$30**

## January 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 New Years Day Closed	2	3 Dining Closed Private Wedding	4 Dining Closed Private Wedding
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26 Chili Cook-off 	27	28	29	30	31	

## February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14 Valentine Day Dinner 	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

### Coming Events

#### March 2020

Mar 14 ..... St. Patrick Menu  
 Mar 21 ..... March Madness Party

#### April 2020

Apr 12 ..... Easter Sunday Buffet

### F & B Hours of Operation - January

#### Dining Hours

Wed - Sat ..... 6:00 - 9:00

#### Grille Hours

Closed